Learning & Enterprise College Bexley

LONDON BOROUGH OF BEXLEY

Family Learning

Free tailored courses for parents and carers delivered at LECB, in schools, community settings and online

Free Family Learning for parents and carers at your school or setting

Family Learning empowers parents to develop skills that can significantly improve outcomes for their children, families, and the wider community. It helps parents build positive parenting strategies, gain a better understanding of their child's needs, and support their development and learning at home.

LECB offers free Family Learning courses exclusively for your school community. We will work closely with you and your parents to decide which courses would be most beneficial, delivered at times that suit your setting.

Courses are flexible in length. While many run for around five weeks, we can also deliver shorter two-hour workshops or longer courses of up to ten weeks, depending on what best meets the needs of your families.

To access these fully funded courses, all participants must complete an enrolment form and provide proof of ID, in line with the funding requirements.

Family Learning has a powerful impact. Engaging parents through learning can help address disadvantage, build confidence, improve life chances, and enable families to better support their children throughout school and life.

If you would like to host LECB Family Learning courses where you are, complete the short form and we will be in touch with you soon to discuss. Click on the link below or scan the QR Code.

Family Learning with LECB

For more information about any of our courses, please contact us
e: familylearning@lecb.ac.uk t: 020 3045 5176

Family Learning Courses for 2025/2026

Supporting Children with School

These courses help parents in preparing their children for life at school, they give an understanding of what children are learning at school and improve skills of parents to help children with their learning.

- Keeping Up with Children – English (KS1 / KS2)
- Keeping up with Children – Maths (KS1 / KS2)
- ESOL for Parents
- Helping My Child with Phonics
- Get Ready for School – Transition to Primary School
- Get Ready for School – Transition to Secondary School
- Helping My Child with Homework

Mental Health and Neurodivergence

Learn more about conditions and receive support from experienced and qualified professionals, whilst also discussing strategies with other parents and carers.

- Understanding Neurodiversity
- Supporting Families with ADHD
- Supporting Families with ASD
- Supporting Families with Anxiety
- Supporting Families with Trauma

Parent and Child

Courses you can attend with a child. It is important to note that a parent can bring only one child with them for these courses. Parents are learners and the child will be the responsibility of the parent. These courses are delivered at the Brampton Road site.

- Family Art Project
- Family Sewing
- Family Pottery
- Young Chefs (7 - 16 years)
- Half-term and holiday workshops

Support with Parenting Skills

Be the best parent you can be. Learn why children behave the way they do and identify strategies you can adopt to create a positive environment for you and your family.

- Raising Happy Children (Positive Parenting)
- Positive Communication (Getting Children to Listen)
- Dad's Matter (Parenting for dads/male carers)
- Understanding Challenging Behaviour
- Keeping Children Safe Online
- Understanding Teenagers
- Money Matters for Parents
- Family First Aid (Emergency Paediatric First Aid)

Preparing for Work

Once children are settled in a childcare setting, it might be time to think about returning to work or entering a career around children's timetables.

- Getting Ready for Work
- Self-development & Assertiveness for Parents
- Introduction to Volunteering

These courses can lead to qualifications. To find out more, please contact Kelly.Mitchell@lecb.ac.uk

- Working with Children
- Introduction to Childcare
- Introduction to Working as a Teaching Assistant

Early Years Learning

For parents with children aged 2 – 4 years old, learn new language and number through play and activities with your child.

- Language and Play
- Number and Play
- Making Story Sacks

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Online Courses for 2025-2026

These courses are scheduled for this year and are open to all parents.
You can enrol with LECB by phone or in person, and attend the sessions online via Microsoft Teams.

- Understanding Neurodiversity
- Dad's Matter
- Raising Happy Children (Positive Parenting)
- Understanding Challenging Behaviour
- Screen Free Families
- Keeping Children Safe Online